



PROGRAM - BVG RUN/MARATHON/TRAIL Navazzo di Gargnano (BS) 22 April 2023

Place of departure and arrival:

Sports field of Navazzo di Gargnano (Via Travaglio 31)

(From the Gardesana state road, in Gargnano turn left following the signs for Valvestino, and go up for 8 km to Navazzo di Gargnano, before entering the village, turn left in the direction of the Church)

Friday 21st April 2023

15.00/20.00 Bib delivery BVG RUN / BVG MARATHON / BVG TRAIL c/o trail village set up at the sports field in Navazzo di Gargnano

18h00 Opening of the Ostello di Navazzo premises (Via del Travaglio 31, Navazzo di Gargnano) - for the athletes in the list overnight stay - compulsory booking cost € 5.00

From 7.00 pm Start of the "Waiting for the BVG" party with food stand and live music. Open to athletes, chaperones, the public

Saturday 22nd April 2023

5h45 Secretariat opens and bibs delivery starts BVG Marathon / BVG Run / BVG Trail c/o trail village set up at the sports field of Navazzo di Gargnano

7h30 Beginning of "tick" operations (punching) BVG Trail athletes start/finish area set up at the Navazzo di Gargnano sports field

7h45 BVG Trail pre-race briefing, starting area

08.00 Departure of BVG TRAIL 55K athletes

08.15 Start of "check" operations (punching) BVG RUN athletes in the start / finish area set up at the Navazzo di Gargnano sports field

08h30 Pre-race briefing BVG RUN starting area

08.45 Departure of BVG RUN 23K athletes

9h00 Start of "ticking" operations (punching) BVG Marathon athletes, start/finish area set up at the Navazzo di Gargnano sports field

09h15 Pre-race briefing BVG Marathon starting area

09h30 Departure of BVG Marathon 42K athletes

From 11.45am **PASTA PARTY** opening at the trail village set up at the Navazzo di Gargnano sports field, offered free of charge to athletes

Also at the Sports Field, a Bar service will be active throughout the day, open to all (for a fee)

13h45 **Time limit for arrival of BVG RUN athletes**

20h00 **Time limit for arrival of BVG TRAIL & MARATHON athletes**

From 20h00 Big Party at the conclusion of the BVG, with music, guests, draft beer and many surprises. Open to athletes, companions, the public

10.30 pm Closing of the event

The awards ceremony for the athletes will take place respectively a few minutes after the arrival of the top three finishers (male/female) of each distance.

- Large spaces for parking cars are available near the start/finish area in Navazzo di Gargnano (sports field). Camper parking is also available
- If any athlete without a car needs transport from the center of Gargnano to the starting area in Navazzo di Gargnano, please notify the organization a few days in advance, which will organize the transfer on 22 April in the morning at 7.00 am.
- It will be possible for athletes to leave their clothing bags at the Trail Village in the start/finish area in Navazzo di Gargnano.
- Shower rooms and changing rooms are available in the Start/Finish area.

CONTOUR EVENTS

We also point out two events that will take place during the days of the BVG, the first in particular for those accompanying athletes interested in actively discovering the villages that frame the starting and finishing area of the races.

- **Saturday 22nd April** – Walk through the villages of Montegargnano: departure at 9.45 from the Navazzo sports field. Guided excursion open to all, non-competitive, on a circular route of km. 6.50, ascent/descent height difference m. 280. An opportunity to enjoy magnificent views, cross enchanting villages and encourage the athletes involved in the competition along the way.
- **22-23-24-25 April – Gargnano.** “Gairdino dAgrumi” event: a unique opportunity to visit the enchanting and historic Gargnano lemon groves for free, some dating back to the 1500s, with free but signposted routes on site, exhibitions related to the theme, tastings of typical local products, collections, cultural evenings.